

The Cyclist's Vehicle

June is Bike Month!

Cyclists Celebrate!

We all love cycling and many of us have been in awe of the many ways people enjoy cycling. Some love to 'noodle about,' checking out their neighbourhood or park, others rip through the woods, wearing scrapes and bruises as badges of honour. Some work on their bikes, some travel only or mostly by bike, and some love nothing more than to get greasy fixing bikes. Four years ago, some cyclists in Edmonton got together to organize a festival to celebrate the amazing range of pleasures the bicycle gives us. The Edmonton Bicycle Commuters' Society was right in there from the beginning, of course.

Bikeology is coming on **June 25!**

This one-day celebration of all

things wonderful about cycling culminates a whole month of bikey fun! The month starts off with the first of four **Free Movie Nights** at the Metro Cinema.

Enjoy a power bar, juice/coffee and a doughnut during your bicycle commute at one of the **Bike to Work Breakfasts**. Free mechanical checks and plenty of cycling info will also be available.

And don't forget the **Commuter Challenge** during the week of June 5 - 11. EBC will be registered as group at www.commuterchallenge.ca

Keep checking the EBC website for updates. If you want to lend a hand at any of these events, please call Karly at 454-7958 or email volunteer@edmontonbicyclecommuters.ca

BIKE MONTH CALENDAR

Movie Nights - Wednesday's at the Metro

June 1 - Pee Wee's Big Adventure & Parsley Days

June 8 - Triplets of Belleville & Deux Seconds

June 15 - Breaking Away & Bicycle Thief

June 29 - Beijing Bicycle & The Hard Road

For show times and info: www.metrocinema.org

Bike to Work Breakfasts - 7 to 9 AM

Wed. June 8 -109 St & 88 Ave (S end of High Level Bridge)

Thurs. June 9 - Sir Winston Churchill Square

Wed. June 15 - Ezio Farone Park (N end of High Level Bridge)

Thurs. June 16 - Beaver Hills House Park (Jasper Ave & 105 St)

Sponsors: EBC, Earth's General Store, Mountain Equipment Co-op, Geeker's Cafe, and the City of Edmonton



In This Issue

Plenty of opportunities for fun and volunteering this summer (pgs 1, 2, 10).

A CANBIKE II course is offered in June (pg 6).

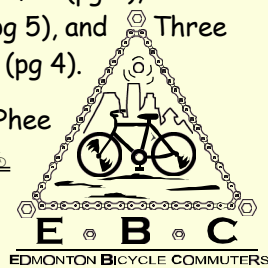
Claire gives us a city update (pg 8) and The People's Pedal is coming soon (pg 6).

Ever wonder about all the bikes in the EBC yard (pg 3)?

Luka Bloom's fantastic ode to cycling appears in this issue (pg 4).

And of course our regular features: Dr. Cog (pg 2), EBCer Profile (pg 7), Route Finder (pg 5), and Three for Free (pg 4).

Kent McPhee
Editor 



Commuter Challenge

Sun. June 5 - Sat. June 11

Register and record your bike commuting accomplishments at www.commuterchallenge.ca

Bikeology

Sat. June 25

Beaver Hills Park (Jasper & 105 St)

More info on back page of this newsletter! 

EBC SUMMER ACTIVITIES

Starting with Bike Month in June, the EBC summer calendar is chock full of activities and volunteering opportunities! If you want to volunteer for one or more of the listed events, send a note to volunteer@edmontonbicyclecommuters.ca or give BikeWorks a call and leave your name and phone number or email address.

Bike Parking Volunteer Opportunities		
Bikeology	Heritage Days	Dragon Boat Races
Becel Ride for Heart	World Master's Games	A Taste of Edmonton
Symphony Under the Sky	Edmonton Fringe Festival	Earth Day

EBC was inaugurated on August 1, 1980. That means we're 25 years old this summer! Are you an "oldtimer" who has stories, pictures, artifacts, and anything that would help to create an EBC timeline? If you are, or if you'd like to be involved in planning an August celebration of the first quarter century of EBC, then please volunteer!

EBC's casino is an important fundraising event. This year, the casino is on August 29 and August 30. If you can volunteer for the casino be sure to drop by Earth's General Store and ask Michael Kalmanovitch for the forms that you have to fill out.

And don't forget all the Bikeology and Bike Month activities!

ASK DR. COG

Dear Dr. Cog,

My new bike has a cartridge style bottom bracket. I used to repack my old bottom bracket once a year, but it appears that I can't even get to the bearings in the new one. What should I do to maintain my new bottom bracket?

- **Bottoms Up**

Dear Bottoms Up,

One of the selling features of cartridge bottom brackets is the fact that you don't have to do bearing maintenance. In fact, you *can't* do bearing maintenance since they are sealed up tight. One down side is that you have to replace the whole unit when it wears out, usually after many years of service. So most people tend to ignore it for years. But, if you leave the cartridge in long enough, corrosion sets in and what you've done is effectively weld the cartridge to your frame. BikeWorks has seen several frames get broken in valiant and unsuccessful attempts to remove a recalcitrant cartridge bottom bracket. Most bike shops won't tackle such a job because it breaks tools and knuckles. To prevent big frame replacement costs in the future, you should pull your bottom bracket out twice a year (more if you ride in the winter) and clean the shell and apply grease to the entire surface of the cartridge and on the threads. Since all water that ends up in the frame (rain, condensation, etc.) drips down to the bottom bracket, I also recommend drilling a small hole in the shell for drainage.

- Dr. Cog 

Q&A

Have a question for Dr. Cog? Let him know by sending an email to newsletter@edmontonbicyclemotors.ca, by sending a note to the EBC, or best of all, by asking Dr. Cog or one of his helpers at BikeWorks.

reCYCLE

Do you ever look at the EBC yard and wonder about all the assorted and sundry bicycles and bits of bicycles that seem to build up like promises made by a politician? Ever wonder where they go when they vanish from time to time? I mean the bicycles, I'll leave it up to you to figure out how your local politician's promises vanish!

EBC is a member of the Recycling Council of Alberta, an organization whose mission is to promote waste reduction, recycling, and resource conservation. For EBC this means a commitment to the reuse and recycling of the many bicycles that would otherwise end up in the waste stream. Bicycle recycling was in fact one of the original motivations for forming the Edmonton Bicycle Commuters Society.

EBC accepts donations of bicycles and parts during regular BikeWorks hours. Part of the BikeWorks mandate is to rebuild usable bikes from the donated bits and get those bikes into the hands of new owners. When it works perfectly, the idea is to reduce waste and influence people to favour bicycles over that "other" form of transportation. But, alas, the system does not work perfectly and we end up with more bicycles than can reasonably be reused as machines for transportation. This leaves EBC with piles of bicycles.

When the bicycle graveyard gets to be too large for the EBC yard, "plan B" kicks in. If we can't reuse


them, we'll recycle them. To do that, each bicycle needs to be stripped of its aluminum, plastic, and rubber bits. What remains is thrown into the big metal recycling bin. When the bin fills up, EBC pays a recycling company to come and take it away. Sadly, it is not possible to convince them to pay us for the metal as it turns out that bicycle frames and other detritus are too much of a hassle for them.

The labour required to strip bicycles for recycling is supplied by our hard working BikeWorks staff (i.e. Jason) and by members who volunteer their time to help out (a BIG THANKS to everyone who has ever helped strip bikes). Volunteers are always welcome to tear down bikes, prepare them for recycling, and reclaim good parts for reuse. From time to time a "bike recycling party" is arranged to deal with emergency overflow situations. However, if you're so inclined, you can drop by BikeWorks anytime and ask Jason to put you to work on the yard bikes. If you'd like to be on an email list for notification of the next bike stripping extravaganza, drop a note to newsletter@edmontonbicyclecommuters.ca or give Jason your contact info the next time you drop in to BikeWorks.

One last thing, if you've got an idea for how to recycle bikes, let us know! Or if you work for a steel foundry that needs raw materials...we're at your service :-)

Recumbent bicycles hold all dry land human powered speed records.

The bicycle has won, by a landslide, a UK national survey of people's favourite inventions.




© Nelson Dewey <http://www.e-toon.com>

Bike Parking Tips

- The closer your bike is to you, the better.
- Choose areas without public access over public areas.
- Choose a locked area over an unlocked area.
- Select a busy public area over a quiet public area.
- Avoid secluded public areas (alleys, parkades, etc.)
- Always lock up to a solid bike rack.
- Avoid spots where your bike will get in the way.
- Lock both wheels and the frame using a good lock.
- Take with you anything that can be easily removed.

THE ACOUSTIC MOTORBIKE

by *Luka Bloom*

The day began with a rainbow in the sand
As I cycled into Kerry
Cattle grazing on a steep hillside
Looked well fed, well balanced
Close to the edge

Pedal on, pedal on, pedal on for miles
Pedal on
Pedal on, pedal on, pedal on for miles
Pedal on

I take a break, I close my eyes
And I'm happy as the dolphin
In a quiet spot talking to myself
Talking about the rain
Talking about the rain
All this rain

Pedal on
Pedal on, pedal on, pedal on for miles
Pedal on

You see whenever I'm alone
I tend to brood
But when I'm out on my bike
It's a different mood
I leave my brain at home
Get up on the saddle
No hanging around
I don't diddle-daddle

I work my legs
I pump my thighs
Take in the scenery passing me by
The Kerry mountains or the Wicklow hills
The antidote to my emotional ills
A motion built upon human toil
Nuclear free needs no oil
But it makes me hot, makes me hard
I never thought I could have come this far
Through miles of mountains, valleys, streams
This is the right stuff filling my dreams
So come on, get up on your bike
Ah go on, get up on your bike

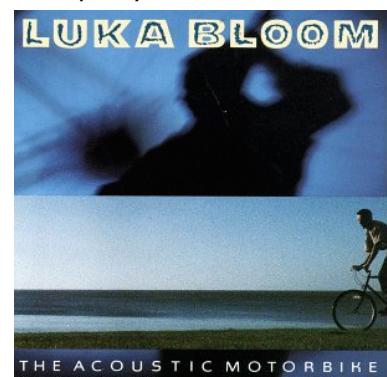
Pedal on
Pedal on, pedal on, pedal on for miles
Pedal on

Finally
With my face to that bitter wind
I bombed it into Killarney
Skin raw like a sushi dinner
And an appetite
That would eat the hind leg of the lamb of God
Even though you know I wouldn't dream of doing such a thing
Then settle down for a quiet night
Think about what I've seen and done
And wonder

There's a reason for this
Now is the time to speak of the problem troubling my mind
Sick of the traffic choking our towns
Freaking me out, bringing me down
Knock down houses, build more lanes
Once was a problem, now it's insane
My solution it's one that I like
It's Muddy
The Acoustic Motorbike
So come on, get up on your bike
Ah go on, get up on your bike

Pedal on
Pedal on, pedal on, pedal on for miles
Pedal on

Ah go on, ah go on,
Get up on your bike,
Get up on your bike.




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THREE FOR FREE *Providing interesting web links to Edmonton's bicycle commuters since last Wednesday*

<http://sheldonbrown.com> Sheldon Brown, a self-described "compulsive tinkerer", is the godfather of bicycle related content on the web. He has published an enormous wealth of bicycle-related articles. Articles as diverse as "Bicycling and Pain", "Goofy Bicycle Gimmicks & Gadgets", "Singlespeed Conversions", and "Derailor Adjustment" are to be found with many, many more clearly written and highly informative pages.

<http://www.bikereader.com/BikeReader.html> Smart humour. Thoughtful essays. Attractive photography. Advice on touring, maintenance, health, etc. is not the raison d'être for this web site. Bear in mind that not everything will have BICYCLE written in large letters all over it, but a bike will always be propped up against the story line. A mix between Monty Python and Douglas Adams, the site offers this explanation on how they choose what to publish: "We used to burn the stories and see what colour smoke they made. These days the selection process is reassuringly scientific. We now rely on a formula, BR = Im [literary merit] + ev [entertainment value] + ew [editorial whimsy]. Obviously, the weighting of these variables is a complex business. So we feed our notes into a computer then take it apart and read its entrails."

<http://www.bicyclinglife.com> This site is focussed on the promotion of cycling as a "normal" means of transportation for everyday travel. It is quite comprehensive with pages that discuss the needs of all kinds of cyclists, from recreational to hard core commuters. With a philosophy of making cycling a part of life, this site is a compendium of advice, editorial rants, how-to's, and "official" studies and papers. 

ROUTE FINDER

In any gathering of two or more bicycle commuters the conversation inevitably turns to routes. A big part of commuting by bicycle is finding one or more good routes to get you where you're going. Finding out what other people are up to is one way that we can build up our little internal storehouse of good ways to get around town. This edition of Route Finder offers up a tip or two and highlights a good way to get from point A to point B.

Wind can play a subtle role in deciding what route to take. If the wind is neither head nor tail it can influence route selection in subtle ways. Riding on a major road with a slight left-to-right cross breeze can blow just enough car and truck exhaust your way as to make you start thinking about those articles that show the blackened lungs of city dwellers next to the healthy pink lungs of country folk. On days like that it can't hurt to try to find an alternative route that's upwind of the majority of traffic.

Today's route-du-newsletter was submitted by a reader who travels from the Stadium LRT station to the University of Alberta. He's found a route that involves mostly multi-use trails and roads with hardly any traffic with a couple of blocks on 101 Street and 109 Street to keep us honest. Crossings are mostly bike/pedestrian right-of-ways or else controlled crossings ... no waiting for 10 minutes at a stop sign.

To get from A to B, hop onto the bike path at the Stadium LRT parking lot and follow it all the way southwest until it drops you off in the parking lot behind the CN building. Exit onto 105 Avenue and head west to 101 Street. Turn south onto 101 Street

and then west onto 105 Avenue again. Follow 105 Avenue past the back of Grant MacEwan College and turn south onto 109 Street. Then turn west onto 103 Avenue and get back onto the bike trail. Follow it south and across



Jasper Avenue -- you'll then have to follow the bike signs into an alley on the east side of the street -- and then head straight over the High Level Bridge. Climb the stairs at the end and head straight down 90 Avenue to campus.

A couple of dippy doodles, but otherwise pretty direct. It takes our reader 20-25 minutes in good weather and 40-60 minutes through snow. The bike paths are cleared often in the winter, but some of the low-traffic roads aren't. Check out <http://www.edmontonbicyclecommuters.ca/maps/stadium-university.png> for a map, which is reproduced here for your navigational edification.

For an official City of Edmonton bike routes map, come by the EBC worldwide headquarters any time during BikeWorks hours. Jason will be pleased to make sure you get one.

Route Finder needs your help! Have you got good routes to get from point A to point B? Have you've noticed a road that has been transformed from a pothole laden death trap to a smooth tarmac for transport? Has a great new pathway has opened up in your area? Let the Route Finder know by sending an email to:

newsletter@edmontonbicyclecommuters.ca

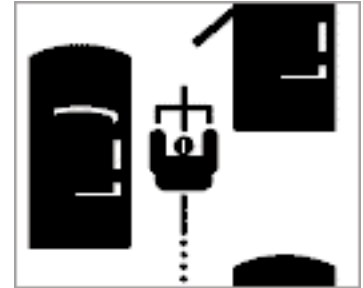
From the The Subversive Choppers Urban Legion (SCUL) dictionary:


Bananarama: The sensation achieved when a pilot has been in the cockpit of a ship for an extended period of time. Also called "Chopper Crotch".

CANBIKE II Course in June

EBC is offering a CANBIKE II course in June. CANBIKE II is a nationally certified cycling course for adults who wish to upgrade their riding skills. The course is designed to equip everyone with the skills and knowledge to handle themselves safely in traffic. Topics include:

- *Traffic theory: road positioning; traffic principles; relevant laws and regs
- *Equipment: bicycles, selection, adjustment & repairs; safety equipment, tools
- *Handling Skills I: group riding; signaling, shoulder checks; slow speed skills
- *Crashes: types, statistics, prevention
- *Touring Theory: riding conditions (night, rain, cold, & heat); efficient cycling, nutrition, gearing; attaching loads to bikes
- *Riding Arterial Routes: merging; diverging; bridges
- *Handling Skills II: rock dodge; panic stop; emergency turns; traffic handling skills



The course involves 22 hours of instruction over 2 full Saturdays and 2 Tuesday evenings (precise dates will be determined by participant schedules). The cost is \$115 which includes the text (*Effective Cycling* by John Forester) or \$80 if you supply your own text. Prerequisites include a bicycle, helmet, bell, and some road experience. If you'd like to participate, send an e-mail with your contact info to newsletter@edmontonbicyclecommuters.ca or call John Collier at 433-1270. 



Bicycle sharing is a concept developed in Europe in which bicycle are provided for the entire community to

use. The People's Pedal is a group dedicated to bringing this concept to the city of Edmonton by implementing a co-operative in which members of the co-op are provided with access to any of the bikes in the system at any time.

The bicycles are locked at a number of hubs in the city and members will be able to borrow a bike from any hub and return it to any other hub, making one way trips hassle free. Each hub will consist of a series of red bike racks bearing the bike share logo. The bikes for the co-op will be locked to these hubs. Near each hub we will secure a keyless entry lock box storing keys to each of the bikes

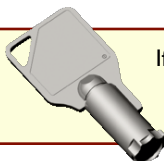
on the rack. Upon joining the co-op, a member will be given the code to the lock box. It is our goal to have a minimum of five hubs when the system is first launched. A membership is \$25 or four hours of community service (this is to ensure that low income individuals have access to the program).

The program will be officially launched in June of 2005. They are hoping to have their launch celebration during EBC's Bikeology bike fair at Beaver Hills Park in downtown Edmonton.

To get involved as a member or a volunteer simply contact The People's Pedal bike sharing co-operative at info@peoplespedal.org or 439-8108. They are always looking for committed volunteers to build bikes, design promotional material, and get the word out there.

Take those special talents of yours off the shelf and bring them to The People's Pedal! 

Do you own a Kryptonite lock with a tubular style key of the sort that can be opened by a Bic pen?



If you do, then you could be eligible to get a new Kryptonite lock that isn't as easy for bad people to open. Visit <http://www.kryptonite.com> for details.

EBCer PROFILE

You may have heard Babe Lloyd playing with his band or solo around town, or you might have heard him on CJSR, or maybe you have no idea who he is. Whatever your level of Babe knowledness, you're about to learn more. EBC's "Motorized Volunteer" is the focus of this instalment of the EBCer Profile.

What is your name?

Dave "Babe" Lloyd, EBC's Motorized Volunteer

What do you like to do when you aren't cycling?

Music is right up there, I play in my rock band called "Babe Lloyd & Wheel of Meat" (<http://www.babelloyd.com>) and DJ for CJSR 88.5 FM where my show focuses on Edmonton music. I'm also CJSR's webmaster (<http://www.cjsr.ualberta.ca>). In addition to all those words I put into my songs, I like to deal in words as an editor, proof reader, and tutor/instructor - both freelance and for Wordsmith Associates. Some of the less career-like stuff that I like to do includes dancing, reading, camping, writing, movies, drinking scotch, watching live music, and hanging with friends and family. Lately, I've found that I like to rustle up bike donations for EBC and pick said bikes up in my car.

What are your favourite rides/routes around town?**What is your current commute?**

I haven't explored the rides in Edmonton too much. Rides I like are High Level Bridge, River Valley Road, McKinnon Ravine, Patricia Ravine. I would love for someone to take me to the places they think are great rides.

What bike(s) do you ride now?

During non-winter, I ride a 12-speed FCT (Fast Cheap Transportation) I built with Jason's help at Bike Works. The frame is a silver Nishiki road bike from the early '80s. The handlebars are black leisure/cruiser bars. The stem is pink. It's made of parts from all different sources. In the winter I ride my old blue department store BRC mountain bike from when I was a kid. It's winterized with Farmer John tires studded with sheet metal screws.

What cycling gear is a "must have" for you?

I am a minimalist. I don't really like gear. It just slows me down and/or gets in the way. I don't even have fenders. (Yes, I get dirty.) I live by the KISS rule: Keep It



Simple, Stupid. (But I do need my little lock-holder rack thing to carry my U-lock.)

How long have you been riding a bike? When and why did you start commuting?

I've been riding forever. I've been driving since I was 14, but I've always opted for my bike when I can. I started really seriously riding last summer, to reduce how much I pollute the world.

How much do you ride in a week, say?

Probably about 50km a week, during non-winter. A lot less during winter, but I hope to improve that.


What kind of lock do you use?

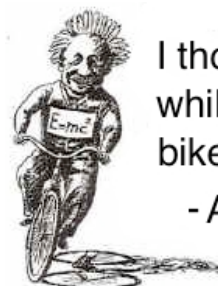
Kryptonite U-lock with the silver krypto-cable that came with it, combined with bad looks. I believe that the best thief-deterrent is a bike that looks like it isn't worth much.

What is your riding style? Cruising? Fast? Courier crazy? Etc.

I would say "intent". The first time I ride a route, I take in the scenery. Then on subsequent rides I just "give'er". But I ride safely, and always defer to pedestrians.

Any bicycle commuting advice?

Follow the rules that cars follow, and always be courteous, safe, and responsible. That way motorists can't complain. But mostly, I just say stop whining and do it. Instead of driving to the gym to work out, why not ride your bike to visit friends or family? Instead of spending money on devices and maintenance to make your car more fuel efficient, buy a bike. Instead of complaining about bikes on the road, be a bike on the road. The more cyclists there are, the more motorists will have to get used to us. Cycling is good for the environment, the wallet, and socialized health care. 



I thought of that while riding my bike.

- Albert Einstein

CITY TRANSPORTATION UPDATE

by Claire Stock

There are numerous cycling related projects this summer, though a principal one will be extension of the Northeast LRT Rail-with-Trail between Commonwealth & Coliseum Stations.

Many abandoned rail lines have been converted to multi-use trails, however there are only a few trails in Canada adjacent to active rail systems. Extending from the east side of Downtown, Edmonton's Light Rail Transit (LRT) right-of-way includes a parallel multi-use trail. The trail was completed from 95 Street to Commonwealth Stadium in 2002/3, and will be continued this summer an additional 1.5 km towards Coliseum Station.

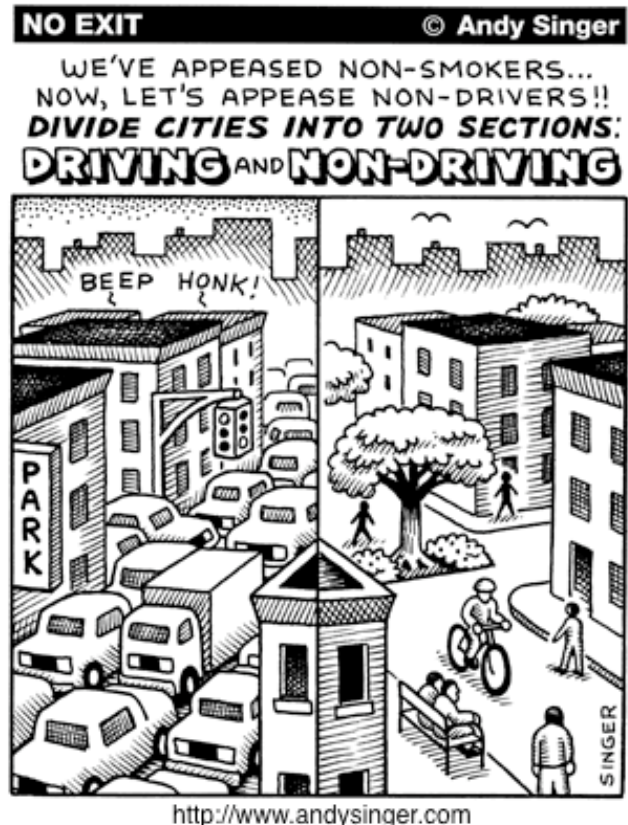
The extended asphalt trail will total 3.0 km in length and is for use by pedestrians, cyclists and other active modes. Planning is underway to extend the trail an additional 4.1 kilometres to link to the North Saskatchewan River Valley trail system via 137 Avenue. The trail is part of the ten-year, 62 km Multi-use Trail Corridor Network approved by City Council in 2002 that will service all quadrants of Edmonton. The trail corridors are equivalent to the arterial roadway system for vehicles, and form the backbone to the citywide trail system for year round use (yes, cleared of snow!).

Compatibility with LRT operations was a major consideration, ranging from trespassing on the rails, delineating the adjacent rail and trail facilities, and discouraging unauthorised access to LRT stations. Naturally, trail users need to respect a code of conduct within a rail right-of-way. The LRT is expected to stay on the rail and trail users are expected to stay on the trail!

The trail has been designed so that the smooth asphalt runs along the western property line of the right-of-way, enhanced by lighting and landscaping. Approximately 7-10 metres of rougher, granular surface and ballast separates the trail from the tracks. This area is used by LRT maintenance and security vehicles and is the no-go zone for trail users. Information signage has been installed stating poetically "Use the Trail Stay off the Rail" as well as

the standard LRT warnings of "No Trespassing" and "Keep off the Tracks".

To date, Edmontonians have demonstrated that they are accustomed to respecting the right-of-way. LRT drivers report that incidents of trespassing have reduced and that they appreciate knowing to expect people along the trail.



Another highlight of the trail is the community mural created during The Works art festival in 2002. A team of seven graffiti artists completed a mural that was installed on the portal where the LRT transitions from above to below ground at 95 Street (approximately 105 Avenue). Several panels of blank panels were also installed to allow a legal graffiti space. The additional panels immediately ceased to be blank and the high level graffiti art changes frequently, with the original mural still intact. Other elements to beautify the corridor include tree planting, landscaping nodes and unique trail lighting. As ever, I can be contacted about bicycle transportation issues at 496-2407.

-Claire Stock 



Edmonton Bicycle Commuters

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THE EBC MISSION

To promote and facilitate cycling as everyday transportation to Edmontonians by providing bicycle services and resources.

NEWSLETTER CONTRIBUTIONS

The Cyclist's Vehicle is published by the Edmonton Bicycle Commuters' Society. Want to contribute ideas or articles to the Cyclist's Vehicle? E-mail or snail mail your contributions any time.

The opinions expressed here are not necessarily the opinions of the EBC Board of Directors or editorial staff.

BIKEWORKS HOURS

433-BIKE (2453)
 10047 - 80 Avenue (in the alley)
 Summer Hours: Wed / Thurs / Fri 12 PM - 8 PM
 Sat / Sun 12 PM - 6 PM

JOIN THE EDMONTON BICYCLE COMMUTERS! or RENEW YOUR ANNUAL EBC MEMBERSHIP!

Join the Edmonton Bicycle Commuters in person by dropping by **BikeWorks at 10047 - 80 Ave (in the alley)** or by mailing this form and a cheque to PO Box 1819 Main Post Office Edmonton AB T5J 2P2.

<p>Today's Date _____</p> <p>Name _____</p> <p>Address _____</p> <p>City _____</p> <p>Postal Code _____</p> <p>Phone Number _____</p> <p>Email Address _____</p> <p>New Member or Renewal? _____</p> <p>Do you want to volunteer? _____</p> <p> Newsletter? <input type="checkbox"/> Bike Parking? <input type="checkbox"/> BikeWorks? <input type="checkbox"/> Bikeology? <input type="checkbox"/> </p>	<p>Membership Costs and Benefits</p> <p>Family: \$25.00 <input type="checkbox"/></p> <p>Individual: \$20.00 <input type="checkbox"/></p> <p>Low Income: \$15.00 <input type="checkbox"/></p> <p>Supporting Member: \$55.00 <input type="checkbox"/></p> <p>Donation: \$ _____ <input type="checkbox"/></p> <p>The privileges of membership are receiving this newsletter, BikeWorks discounts, social events, bike store discounts, feeling good by supporting Edmonton's cycling community. Thanks!</p>
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We support the manufacturing and production of recycled materials.
 Printed on 100% recycled paper.
 Happy Cycling!

BIKEOLOGY 2005



City
bike
tours

Cycling
scavenger
hunt

Free bicycle mechanical
checks and helmet
fittings

Bike art, displays,
and information

Environmental fair

Solar-powered live
music featuring
Dale Ladouceur!

Cycle-powered
smoothies!

Beaver Hills House Park
(Jasper Ave and 105 St)

Saturday, June 25, 2005
12:00 - 4:00 p.m.
(rainout date July 9)

Organizers and Sponsors:

Edmonton Bicycle Commuters' Society
Rainbow Bridge Communications
Metro Cinema

City of Edmonton
Mountain Equipment Co-op
Local cycling retail vendors
Edmonton's cycling community